

Moore and Associates

Current Rate Schedule

[Effective January 1, 2011]

The Cost of Services

[Please check with your insurance provider on what they cover]

If you have insurance coverage:

Dr. Moore's and Moore and Associates service rates are reviewed and, where appropriate, revised in January of each year. If your insurance provider has a different schedule in reviewing a contract with our office, we follow that schedule. Insurance companies and managed care organizations may enter into an agreed fee rate with our office or they may simply decide to pay what they consider a percentage of "usual and customary rates". It is the client's responsibility to find out the cost of therapy through their insurance company.

- Copays are requested at the time of services.
- Missed appointments without 24 Hours Notice=50% of therapy costs. [Unless caused by a verified illness or family emergency].

The standard services available at Moore and Associates:

- Intake [First] Session of individual, family or couple counseling [75-80 Minutes]. This is the session where we open a new client file, do a review of your needs and decide on a plan of psychological and supportive services.
- Second and Further Sessions of individual or family, counseling [45-50 Minutes]
- Brief Sessions of individual counseling goals [25-30 Minutes]
- Group Counseling Sessions [60-75 Minutes]

Supportive Psychological Services

[Often not covered by insurance]

- IQ, Memory and Learning Assessment. [This *must* include a follow-up individual or family session to receive the results in person]. The Wechsler Adult Intelligence Scales and the Wechsler Memory Scales with percentiles in 16 subscales of IQ and six sections of memory: 1) Working Memory; 2) Ability to learn and retain new material; 3) Auditory Learning; 4) Modality-specific memory; 5) Retention of information; and 6) Retrieval of information. This 3-page report is used by Dr. Moore to provide an evaluation of how the client learns, likely styles of communication and where strengths of learning can be used to offset barriers. In group learning and counseling, this also shows where the person will have difficulties [barriers] and how they can use new strengths to improve interpersonal communication [2 to 3 Hours]
- Written mental health evaluation after the first or second session, standard Washington State DSHS Template [40-50 Minutes]
- Individualized expert report. Billed at writing and research time.

If you pay for services directly or as a percentage of "usual and customary" rates:

If the person is paying for services directly, including those not covered by their insurance policy, or through a percentage of usual and customary rates with their insurer, the current rate schedule applies:

- Intake Session of individual, family or couple counseling [75-80 Minutes] =\$195.00
- Second & Further Sessions of individual, family counseling [45-50 Minutes]=\$165.00
- Brief Sessions of individual counseling goals [25-30 Minutes]=\$75.00
- Group Counseling Sessions [60-75 Minutes]=\$65.00
- IQ, Memory and Learning Assessment. [2-3 Hours]=\$195.00 Note: Must also include an hour of individual or family counseling at the above rates.
- Written mental health evaluation after the first or second session, standard Washington State DSHS Template [40-50 Minutes]=\$245.00 [Includes Intake Cost].
- Individualized expert report [\$150 per hour] retainer paid prior to first individual session=\$800.00.